## THE HEALTH CARNIVAL 1.0

2023

## TENTATIVE PROGRAM 07 SEPTEMBER 2023

	Time	Activity	Speaker
	0900 - 0915 am	Participant registration	Registration committee
	0915 - 0930 am	<ul> <li>Workshop briefing</li> <li>Singing the Malaysia National Anthem 'Negaraku'</li> <li>Prayer recitation</li> </ul>	Event host: Madam Sofee Akhlak Senior Lecturer Faculty of Health Sciences, UiTM Puncak Alam Campus
•	1000 - 1100 am	Slot I : Mental health among youngsters	Mr. Muhammad Amin Zaki Senior Lecturer Faculty of Health Sciences, UiTM Bertam Campus
-	1100 - 1200 noon	Slot 2 : The relationship between Mental health and Cardiovascular disease	Dr. Huzairi Sani Cardiologist Faculty of Medicine, UiTM Sungai Buloh Campus
	1200 - 1300 pm	Slot 3 : Basic Life Support	Dr. Mohd Fazrul Mokhtar Consultant Emergency Physician Faculty of Medicine, UiTM Sungai Buloh Campus
1	Lunch		
	1400 - 1500 pm	CPR demonstration	Dr. Mohd Fazrul Mokhtar Consultant Emergency Physician Faculty of Medicine, UiTM Sungai Buloh Campus
	1500 pm	Photo session, lunch and dismissal	Participant and committee







